

||| Eatout Norfolk

your mini-guide to eating out in Norfolk!



Issue 21 - Summer 2019

**DOWNLOAD OUR
EXCITING APP!**



The Norfolk Mead Hotel



We have eight acres of lovingly kept private grounds for you to enjoy during your stay at the Norfolk Mead. From our expansive front lawn to the gardens that circle the hotel and extend right to the banks of the River Bure.

Our private lake has swans, geese and other wildfowl and a leisurely stroll around the grounds is the ideal way to work up an appetite for breakfast or dinner. At the Norfolk Mead, we pride ourselves on your dining experience in our Two Rosette Awarded Restaurant.

We only use fresh, local ingredients sourced from the finest farms and markets in Norfolk to ensure you enjoy your meal with us and heartily recommend us to your family and friends. All our rooms are individually appointed to give you a truly personal experience at the Norfolk Mead Hotel. We have Suites, Deluxe and Standard rooms in the hotel and Cottages and Summer House's in the grounds.

Pamper yourself at the Norfolk Mead with one of our exclusive treatments, designed in conjunction with the Natural Spa Factory to delight your senses whilst relaxing your body and mind.

Our treatment rooms are located in the grounds of the hotel, just a short stroll from your room or from our lounge and gardens, relaxation has never been so easy.

Church Loke, Coltishall NR12 7DJ T: 01603 737531 E: info@norfolkmead.co.uk www.norfolkmead.co.uk



Introduction

The problem for those of us who love Norfolk is that while we want to shout about just how fabulous our county is, we also want to keep it a closely-guarded secret. Every time one of the beaches, hotels or pubs is featured as a "Best in the UK" in the mainstream press, we groan just a little.

But, we consider every reader and follower of *Eat out Norfolk* to be a friend and so we are delighted and proud to share the best bits of Norfolk with you through the pages of this guide and via our website, which in the last few months has had 12,000 new visitors to our site, and we have regular interactions with thousands of *Twitter* and *Facebook* friends.

As editor, it is always my great pleasure to highlight all that is so wonderful about our county. People talk about the big skies and the beautiful coast but there is so much more besides. Woodland walks, babbling streams, picture-postcard villages, vibrant market towns and our historic and yet contemporary City of Literature, Norwich.

When it comes to food and drink, Norfolk is rapidly becoming recognised as a county that leads the way. Our farmers and growers are delivering some of the finest ingredients in the UK and our artisan producers and talented chefs are using the most innovative ideas for us to enjoy.

Which brings me to the point of this editorial. Those self same articles that highlight the beauty of Norfolk often praise its quiet and slow way of life. And yes, there are times when the county allows you to take a deep, satisfying breath of our very fresh air. But, other times, you will find yourself indulging your senses at an art exhibition, gazing in awe at an architectural design or bopping along at a music festival.

Yes Norfolk is beautiful but it is also a vibrant, innovative and multi-layered county. But that's our secret, don't tell anyone else!

Rosie

Please could you mention our guide when making a reservation with any of the featured establishments.

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Mini Directory

Broadland

The Crown Inn *Catfield*

An unspoilt traditional village pub in a Broadland village. Real ales and home cooked food, we also have 2 self catering holiday cottages.
The Street, Catfield, Great Yarmouth NR29 5AA
t: 01692 580128

The Dog Inn *Ludham*

We are proud to offer the best family dining experience on the Broads. A great range of locally sourced and freshly prepared meals, with some superb feature ales.
Ludham, Great Yarmouth NR29 5NY
t: 01692 630321

The Fox *Hevingham*

A 17th century, family friendly coaching inn offering quality home made dishes and real ales; using where possible the best local and seasonal produce.
Cromer Road, Hevingham NR10 5LY
t: 01603 755362

The Fox *Lyng*

Serious about food and drink, The Fox features a wide range of Real Ales and fine wines, together with a tasty menu formed from the best local produce.
The Street, Lyng NR9 5AL
t: 01603 872316

Gate of India *Aylsham*

Fully Licensed Restaurant & Takeaway specialising in: Vegetarian - Tandoori - Balti and all sorts of Curry Dishes.
14 Market Place, Aylsham NR11 6EH
t: 01263 734743

The Hainford Chequers *Hainford*

The Chequers at Hainford is a lovely seventeenth century, thatched cottage eatery and bar set in the heart of the rustic Norfolk countryside.
10 Stratton Road, Norwich NR10 3AY
t: 01603 891657

The Horse & Groom *Tunstead*

A traditional village pub serving homemade meals and real ales, we are dog friendly and situated close to the stunning Norfolk Broads and nearby villages of Wroxham, Coltishall and North Walsham.
Market Street, Tunstead, Norwich NR12 8AH
t: 01603 737555

The Hour Glass *Sculthorpe*

A contemporary open plan restaurant which opens daily for both lunch and dinner, offering traditional cuisine with the odd modern twist.
The Street, Sculthorpe, Fakenham NR21 9QD
t: 01328 856744

The Kings Arms *Ludham*

The nearest restaurant (5 minute walk) to the moorings at historic Womack Staithe. Our restaurant serves fantastic food and of course our famous carvery.
High Street, Ludham, Great Yarmouth NR29 5QQ
t: 01692 678386

The Kings Head *Coltishall*

Owned by Kevin and Sue Gardner, The Kings Head a 17th century Inn, is situated on the banks of the River Bure in the heart of the Norfolk Broads.
Coltishall Common, Wroxham Road NR12 7EA
t: 01603 737426

The New Forge *Aylsham*

The large restaurant area is popular with families, groups and couples seven days a week and the feature bar is stocked with real ales, beers, wines and spirits.
Norwich Road, Aylsham, NR11 6UD
t: 01603 737531

The Norfolk Mead *Coltishall*

A tranquil country house hotel with lots of individual touches and an attentive, but never intrusive, service.
Church Loke, Coltishall NR12 7DN
t: 01603 737531

The Rampant Horse *Freethorpe*

A beautiful village freehouse offering quality home cooked food, fine ales, wines, spirits and soft drinks in a relaxed atmosphere with attentive staff.
2 Chapelfield, Freethorpe NR13 3LY
t: 01493 700103

The River Kitchen *Hoveton*

In the heart of the Norfolk Broads making delicious food is our passion. We use only the freshest, seasonal ingredients to create meals and treats for you to enjoy.
Riverside Road, Hoveton, Wroxham NR12 8UD
t: 01603 926560

Salhouse Lodge *Salhouse*

In the picturesque village of Salhouse, our 120 year old country pub boasts single and double en-suite rooms within 7 acres of beautiful gardens.
Vicarage Road, Salhouse, Norwich NR13 6HD
t: 01603 782828

The Sole & Heel *Rackheath*

A family run pub/restaurant serving home cooked food based on a grill menu with seasonal specials and locally sourced ingredients. Live music and regular events.
Salhouse Road, Rackheath, Norwich NR13 6QH
t: 01603 720146

The White Horse Inn *Neatishead*

We have a range of drinks driven by quality rather than quantity. We believe in sourcing the best possible produce to offer choice and value for money.
The Street, Neatishead NR12 8AD
t: 01692 630828

Wayfarers Cafe *Ludham*

A gem on the Broads, in a picturesque location, with seating beside the River Ant. Offering hot and cold food, including full English breakfasts, lunches and evening meals.
The Broads, Ludham Bridge, Norwich Road, Ludham NR29 5NX
t: 01692 630238

Great Yarmouth

The Boathouse *Ormesby St. Michael*

Open 7 days per week serving fine local pub food and gastro specials. Lovingly restored in 2014 to blend with the natural landscape, a real treasure.
Ormesby Broad, Eels Foot Road, Ormesby St Michael NR29 3LP
t: 01493 730342

Filby Bridge *Filby*

Overlooking Filby & Little Ormesby Broad, a superb a la Carte restaurant with a wide range of fresh fish & steak dishes. Lunches and coffees served.
Main Road, Filby NR29 3AA
t: 01493 368142

The Jasminum, Thai *Rollesby*

Serving Thai, Chinese and English Cuisine. Chef Thanh Phung and his team are well known for providing high quality meals in a warm and friendly environment.
Main Road, Rollesby NR29 5ER
t: 01493 748885

Jay Jay's Café *Gorleston*

At the heart of the community, this friendly venue and unique location provides a relaxing haven, and always something new on the special board making meals to remember
14-18 Marine Parade, Gorleston-on-Sea, Great Yarmouth NR31 6BT
t: 01493 657001

Jolly Farmer *Ormesby St Margaret*

Mark and his team would like to welcome you to the Jolly Farmers. A traditional, old fashioned English Pub which serves a wide range of ales and beers.
10 West Road, Ormesby St Margaret, Great Yarmouth NR29 3RP
t: 01493 730471

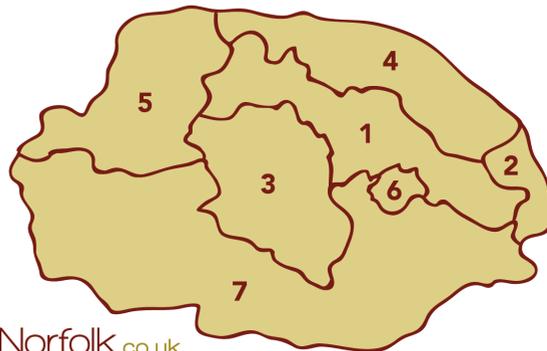
Lion Inn *Thurne*

Welcome to The Lion at Thurne, gin palace and real ale Mecca on the Norfolk Broads. We allow dogs in all of the bar areas all of the time but not in our restaurant area.
The Street, Thurne NR29 3AP
t: 01692 671806

The Waterside *Rollesby*

Our fabulous dining experience is complemented by a range of fun things to see and do with a putting green, wildlife hide and seasonal boating/fishing available.
Main Road, Rollesby NR29 5EF
t: 01493 740531

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 EatoutNorfolk.co.uk
MAP OF NORFOLK EATERY AREAS



Mid-Norfolk

The Lodge *North Tuddenham*

An ideal destination to enjoy a fabulous lunch or evening meal. Relax in our friendly environment and indulge yourself with a meal from our quality menu.
Main Road, North Tuddenham NR20 3DJ
t: 01362 638466

The World's End *Mulbarton*

A real local pub, serving delicious, home cooked food that will tantalize your taste buds, from snacks, and starters to homemade meals. You rest assured of a warm welcome.
Norwich Road, Mulbarton NR14 8JT
t: 01508 570205

North Norfolk

A Taste of Thai *Fakenham*

You are welcome to experience a little bit of Thailand in the heart of Fakenham. Located on the first floor overlooking the bustling market square.
39 Market Place, Fakenham NR21 9BY
t: 01328 851222

The Chequers Inn *Thornham*

Appreciate a half quart of genuine brew and a bar supper by the crackling flame, or try the a la carte menu with day by day changing specials in the stylish dining area.
High Street Thornham PE36 6LY
t: 01485 512229

Cliftonville Hotel *Cromer*

With an enviable reputation as one of North Norfolk's leading hotels, we have Bolton's Bistro, Westcliff A La Carte Restaurant and all day Buttery Bar and Coffee shop.
Seafroft, Runtton Road, Cromer NR27 9AS
t: 01263 512543

Constantia Cottage Restaurant *East Runton*

We are celebrating 37 years serving customers in North Norfolk, offering a mixture of music and moussaka.
The High Street, East Runton, Cromer NR27 9NX
t: 01263 512017

Crawfish Inn *Thursford*

A Victorian red-brick pub is an unlikely setting for a genuine Thai restaurant, but Siropas Rangphet and his wife have turned it into a special eating house.
Holt Road, Thursford NR21 0BJ
t: 01328 878313

Dales Country House *Upper Sheringham*

Our 2 AA rosetted restaurant is named after the local lords of the manor who would certainly have been welcome guests at The Dales in its heyday as a private house.
Lodge Hill, Upper Sheringham NR26 8TJ
t: 01263 824555

The Gallow *Fakenham*

Offering a range of sport activities and also food and drink to enjoy throughout the day. A function room is also available for parties, weddings and other events.
Hempton Road, Fakenham NR21 7NY
t: 01328 862867

The Grove *Cromer*

Our en-suite rooms in the beautiful Georgian house, contemporary Orchard Rooms and six self-catering bungalows ensure we have something for everybody.
95 Overstrand, Cromer, Norfolk NR27 0DJ
t: 01263 512412

The Feathers Hotel *Holt*

Our friendly staff will look after you. Relax and enjoy the comfort of our lounge, bar, a la Carte restaurant or the Gresham suite. The Hotel has 15 en-suite bedrooms.
6 Market Place, Holt NR25 6BW
t: 01263 712318

The Goat Inn *Skeyton*

A family run establishment with very pleasant staff and a team of chefs in the kitchen who produce local, homemade, cooked to order, fresh and delicious food.
Long Road, Skeyton NR10 5DH
t: 01692 538600

The Lifeboat Inn *Thornham*

Whether you're popping in for a swift pint of local ale, stopping by for a family meal or wanting to stay with us for a night or more, we guarantee a very warm welcome.
Ship Lane, Thornham PE36 6LT
t: 01485 512236

The Links Country Park Hotel *West Runton*

Proudly independent and well known for its imaginative menus, "The Links" is considered by many to be the best golf, leisure and conference hotel in North Norfolk.
West Runton, Cromer, Norfolk NR27 9QH
t: 01263 838383

No. 1 *Cromer*

As well as our Fish and Chips Restaurant, we are proud to announce the opening of 'Upstairs at No1', for true Modern British Cooking and offering unrivalled sea views.
1 New Street, Cromer NR27 9HP
t: 01263 515983

Northrepps Cottage Country Hotel *Northrepps*

On the North Norfolk coast a hideaway located in a stunning Repton landscape, where every detail is beautifully simple and simply beautiful.
Nut Lane, Northrepps NR27 0JN
t: 01263 579202



On the banks of the beautiful Trinity Broads, the Waterside is a contemporary café/restaurant and tearoom with outdoor decking for summer al fresco eating and drinking with stunning views. Brunch, light lunches and homemade afternoon teas are served all year round (roasts on Sundays), using many fresh local ingredients. Our light meals and afternoon teas are freshly prepared to order. A selection of speciality teas and coffees are also offered. Boat tours and boat hire available during the summer months as well as putting, wildlife watch and children's play area.



The Waterside
Rollesby

A Taste of the Broads

Main Road, Rollesby, Norfolk NR29 5EF Tel: 01493 740531
E: info@thewatersiderollesby.co.uk www.thewatersiderollesby.co.uk



The Red Hart *Bodham*
Offering classic and delicious locally sourced seasonal food, our menu points to our freshness and simplicity with the best local ingredients prepared with style.
The Street, Bodham, Holt NR25 6AD
t: 01263 588270

The Saracens Head *Wolterton*
Well known for it's delicious style of cooking, using the best local produce, it sits in the middle of Norfolk fields, sheltered from the humdrum of everyday life.
Wall Road, Wolterton, Erpingham NR11 7LZ
t: 01263 768909

The Sea Marge *Overstrand*
The Clement Scott bar is the hub of the Sea Marge, sitting under a vaulted timber roof with the stunning minstrels' gallery running along two sides.
16 High Street, Overstrand NR27 0AB
t: 01263 579579

Thornham Deli *Thornham*
Focusing on locally-grown and sourced artisan produce, Thornham Deli showcases the very best that Norfolk has to offer in the Deli café.
High Street, Thornham PE36 6LX
t: 01485 512194

Taste of India *Holt*
Tandoori restaurant and takeaway. Open seven days a week 12 noon to 2.30pm and 6pm - 11.30pm. 10% discount on all takeaway orders.
31 Bull Street, Holt NR25 6HP
t: 01263 711484

The Walpole Arms *Itteringham*
Our chefs prepare an innovative and exciting menu from other local high quality producers. We have won the coveted Michelin Bib Gourmand Prize ten years in a row.
The Common, Itteringham, Norwich NR11 7AR
t: 01263 587258

Walsingham Café *Great Walsingham*
One of the best cafés in North Norfolk, serving award winning pies, savoury tartlets, sweet tarts and cakes. Special menu on blackboard, open for Sunday lunches.
Great Walsingham Barns, Great Walsingham NR22 6DR
t: 01328 822255

The White Horse *Overstrand*
We are a great choice for your stay in North Norfolk. The eight stylish en-suite rooms, are well-equipped and comfortable and we offer a quality dining experience.
34 High Street, Overstrand, Cromer NR27 0AB
t: 01263 579237

The Windham Arms *Sheringham*
Relax and enjoy the sea air! Choose to drink from a variety of East Anglian Real Ales and taste our homemade genuine Greek food!
15-17 Wyndham Street, Sheringham NR26 8BA
t: 01263 826003

North-West Norfolk

Congham Hall Hotel *Grimston*
Congham Hall, is an elegant Georgian manor and is one of the finest country house hotels in Norfolk with an award-winning restaurant
Grimston, King's Lynn PE32 1AH
t: 01485 600250

The Fountain Sports Bar *Heacham*
With stunning views over the golf course and fishing lake why not sit back and enjoy our dog friendly veranda for a relaxing meal or traditional Sunday carvery.
Searles Leisure Resort, South Beach, Hunstanton, PE36 5BB
t: 01485 536010

Heacham Manor *Heacham*
Undoubtedly one of the most relaxing hotels on the Hunstanton coastline, the Hotel offers sumptuous accommodation and mouth-watering food and drink.
Heacham Manor Estate, Hunstanton Road, Heacham PE31 7JX
t: 01485 536030

The King William IV Country Inn and Restaurant *Sedgeford*
Award-winning Country Inn serving quality, local food including daily specials, A la Carte, vegetarian and children's dishes. Luxury en suite rooms.
Heacham Road, Sedgeford, Hunstanton PE36 5LU
t: 01485 571765

The Nelson Country Inn *Burnham Market*
Superb drink, food and accommodation, set in the heart of Burnham Market, on North Norfolk's beautiful coast. All our food is sourced locally by our trusted suppliers.
Creake Road, Burnham Market PE31 8EN
t: 01328 738321

The Three Horseshoes *Roydon*
A small country pub in the heart of the village of Roydon, just a few miles from Kings Lynn and The Sandringham Estate. Serving real ales and traditional home-made pub food!
148 Lynn Road, Roydon, Kings Lynn, Norfolk PE32 1AQ
t: 01485 600666



Located in rural North Norfolk The Old Rectory Hotel offers a fantastic range of traditional home cooked dishes. Tables can be booked 7 evenings a week 6.30pm until 8.30pm.

Private dining also available. Perfect for family celebrations, weddings, birthdays, anniversaries, Christmas parties and more.

Bookable 7 days a week. Lunch or evening.



North Walsham Road, Crostwick, Norwich NR12 7BG
01603 738513 info@oldrectorycrostwick.com
www.oldrectorycrostwick.com



The Fritton Arms

The Fritton Arms is a cosy Norfolk pub and restaurant with boutique rooms, serving delicious Estate produce.

Set in mature grounds at Fritton Lake Resort and forms part of Somerleyton Estate, located on the Norfolk/Suffolk border.

Enjoy the stunning surrounds from our sunshine terrace.



Church Lane, Fritton, Norfolk NR31 9HA
01493 484008 www.frittonarms.co.uk



Norwich

Barnham Broom *Barnham Broom*

Be it a romantic meal for 2, a business meeting, or conference, or you fancy something to revive yourself after a game of golf – we have what you need.

Honingham Road, Barnham Broom NR9 4DD
t: 01603 759393

The Black Swan Inn *Horsham St Faith*

A pleasant and attractive village pub with superb food, service and accommodation, all at reasonable prices. With eight beautifully finished bedrooms.

25 Norwich Road, Horsham St Faith NR10 3HJ
t: 01603 897787

The Bridge Inn *Lenwade*

If you are looking for excellent quality home-cooked food then you have come to the right place. Our Lakes are incredibly popular and make a wonderful day out fishing.

2 Fakenham Road, Lenwade NR9 5SE
t: 01603 872248

The Cottage *Norwich*

The Cottage is the perfect venue for your drinking and eating, wedding gathering or only for an evening dinner and beverage. A warm welcome awaits you!

148 Thunder Lane, Thorpe St Andrew, Norwich NR7 0JD
t: 01603 433444

Delia's Restaurant & Bar *Norwich*

Warm, friendly service and a relaxed atmosphere makes Delia's Restaurant and Bar in Norwich the perfect choice for celebrating the weekend.

Norwich Football Ground, Carrow Road NR1 1JE
t: 01603 218705

Lenwade House Country Hotel *Lenwade*

A country hotel and wedding venue, set in mature woodland's and landscaped riverside gardens and conveniently situated 8 miles from Norwich city centre.

Lenwade House Drive, Lenwade NR9 5QP
t: 01603 879567

Queen of Hearts *Lenwade*

We are a family friendly pub – as well as our fantastic food we also have a great selection of fine ales, wines and spirit's from the renowned Southwold brewery Adnams.

55 Fakenham Road, Great Witchingham, Lenwade NR9 5AE
t: 01603 871020

Roger Hickman's Restaurant *Norwich*

A fine dining establishment serving modern British food on Upper St Giles. Named as one of the UK's Top 100 Restaurants by the Sunday Times.

79 Upper St Giles Street, Norwich NR2 1AB
t: 01603 633522

Unthank Arms *Norwich*

A traditional Victorian local with a lively bar serving real ales, premium lagers and over 40 wines. An extensive menu with classic dishes and great value daily specials.

Newmarket Street, Norwich NR2 2DR
t: 01603 631557

The Waffle House *Norwich*

We are well known for our hospitable, feel at home atmosphere. Our light and crispy waffles offer the ideal base for a choice of fixings, either flavorful or sweet.

39 St Giles Street, Norwich NR2 1JN
t: 01603 612790

South Norfolk

The Bird In Hand *Wrenningham*

The Bird in Hand is a family run freehouse and restaurant combining all the atmosphere of a traditional British pub with quality food and drink and comfortable surroundings.

Church Road, Wrenningham NR16 1BJ
t: 01508 489438

The Duke's Head *Somerleyton*

Part of the Somerleyton domain, a visit to the Duke means all the warmth of a classic British pub combined with the delectable flavours of modern dining.

Slugs Lane, Somerleyton, Lowestoft NR32 5QR
t: 01502 730281

Dunston Hall Hotel *Norwich*

Head to the informal Brasserie Bar and Grill for buffets and classic British grills. Alternately try our recently refurbished Terrace Bar for a light nibble and something to drink.

Ipswich Road, Norwich, NR14 8PQ
t: 01508 473830

Elveden Inn *Elveden*

Eleveden Inn is a family friendly Free House, serving wholesome food and providing cozy accommodation.

Brandon Road, Elveden, Thetford IP24 3TP
t: 01842 890876

Elveden Estate *Elveden*

Our AA* Rosette restaurant offers delicious home-cooked food, locally sourced wherever possible.

London Road, Elveden, Thetford IP24 3TQ
t: 01842 898068

Fox and Hounds *Great Moulton*

From our small (but perfectly formed) kitchen comes well-cooked food - from curries to full English breakfasts. A full range of food to suit most palates.

Frith Way, Great Moulton, Norwich NR15 2HE
t: 01379 677506



SARACEN'S HEAD

MIDDLE OF NOWHERE, CENTRE OF EVERYWHERE

A Georgian Inn nestling in the heart of the North Norfolk countryside, providing a unique place to eat, drink and stay.

Unwind with a drink and enjoy a delicious meal prepared by our chefs, using the best local produce.

Open 7 days a week for lunch and dinner
Monday - Saturday lunch orders from 12-2pm
Sunday lunch orders from 12.30-2.30pm
Dinner from 6.30-8.30pm, except Sundays and Mondays 6.30-8pm

come and find us!

t: 01263 768909 e: info@saracenshead-norfolk.co.uk www.saracenshead-norfolk.co.uk

The Saracen's Head, Wolterton, Norfolk NR11 7LZ



The Fritton Arms

Lord and Lady Somerleyton's country pub with rooms. Local ales, great wine, interesting spirits and seasonal menu celebrating estate produce
Church Lane, Fritton, NR31 9HA
t: 01493 484008

Fritton

The Kings Head Bawburgh

17th century inn with a traditional feel with inglenook fireplaces, woodburners and low beamed ceilings. Fresh food carefully prepared and beautifully cooked.
Harts Lane, Bawburgh, Norwich NR9 3LS
t: 01603 744977

Bawburgh

The Necton Windmill

The Necton Windmill is a traditional family run village pub, incorporating a modern first class restaurant. We offer real ales, lagers, ciders, and an extensive wine list.
15-17 Mill Street, Necton, Swaffham PE37 8EN
t: 01760 722 057

Swaffham

Number 24

Number 24 Restaurant is an award winning Restaurant with an enviable reputation for excellent cuisine, relaxed surroundings, fine dining and personal service.
24 Middleton St, Wymondham NR18 0AD
t: 01953 607750

Wymondham

Reedham Ferry Inn

Regardless of whether it's lunch or supper, our seasonal menus, well-kept local ales and extraordinary atmosphere are yours to enjoy. We recommend booking!
Ferry Road, Reedham NR13 3HA
t: 01493 700429

Reedham

The Swan

A modern pub with an authentic country feel and a warm and welcoming atmosphere. Offering great food, a fantastic selection of ales and lagers and lots more besides.
Church Plain, Loddon NR14 6LX
t: 01508 528039

Loddon

The Waters Edge

A light, atmospheric venue with Broads views, whose British bar/restaurant cuisine, hand-picked Wine List and exclusive Young Person's Menu is second to none.
Woods End, Bramerton, Norwich NR14 7ED
t: 01508 538005

Bramerton

Wheatacre White Lion

Restaurant and free house, with a spacious oak-floored dining area, a log fire and disabled friendly. Offering a selection of real ales and locally sourced produce.
White Lion Road, Wheatacre, Beccles, NR34 0AT
t: 01502 677388

Beccles

Taverham Nursery & Country Shopping Centre



Come and see our great new summer range of BBQ's and outdoor furniture - one of the biggest in Norfolk! Why not have lunch or afternoon tea in Magnolia's Restaurant.

opening times

Mon - Sat (including Bank Holidays) 8.30 - 5.30
Sun 10.30 - 4.30

Fir Covert Road, Taverham, Norwich, Norfolk NR8 6HT

Tel 01603 860522
www.taverhamnursery.co.uk



COLTISHALL

Local real ales, fine wines, delicious home cooked food
17th Century Freehouse pub with a fantastic, friendly atmosphere!

Thai FOOD

Cafe

Thursdays, Fridays & Saturdays
6 - 9pm
Take Away Available

OPEN DAILY FOR FOOD
Cafe open 9am Tuesday - Sunday for
breakfasts, coffee and cake and lunches.
Evening meals served in the pub from 6pm.

Find us opposite the church in Coltishall NR12 7DW
Tel: 01603 736644 www.redlion-coltishall.co.uk



Something for everyone at **THE FOX** The Fox Steakhouse

The Fox in Hevingham has seen some changes over the past year. Local chef Sam, having been at The Fox for the past 8 years alongside his wife Nicola, took the decision to refurbish and relaunch last summer with an exciting new menu and dining experience.

Situated on the A140 Cromer road, midway between Norwich airport and Aylsham, The Fox can't be missed on one of Norfolk's main arterial roads to Cromer, a great stopping point for anybody heading to the coast this summer. Lunchtimes offering an additional Deli menu with a variety of

The Fox Steakhouse had arrived offering up not only



fantastic, locally sourced flame grilled steaks but an array of classic and contemporary dishes. From 'low and slow' home smoked meats to hand stretched pizzas, fresh fish, gourmet burgers, hanging skewers, Sunday roasts and a great range of vegan, vegetarian and gluten free options.

baguettes, paninis, jackets and house salads as well as a smaller 'Light lunches' menu, perfect for the smaller lunchtime appetite.

The Fox Steakhouse prides itself on its commitment to celebrating some of the fantastic produce that we are lucky enough to have here in Norfolk whether its our beautiful asparagus, Cromer crabs, mussels or samphire to real ales and craft gin (Look out for the 'taste of Norfolk' sharing starter board).

A large car park, family beer garden, stylish décor and wide selection of draught and craft beers, ales, fine wines and gins make The Fox Steakhouse the perfect place to spend a leisurely Sunday afternoon with a drink, stop off for some lunch on your way to and from the coast, grab a bite to eat with friends and family or for that special evening out.



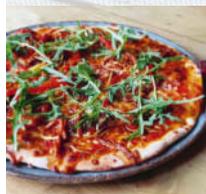
THE FOX Steakhouse



Gourmet, family dining in Norfolk.

Flame grilled steaks, burgers, skewers and much more . . .

Join us this August bank holiday Sunday for an afternoon of outdoor live music with *Nightlife* and summer BBQ. Bouncy castle to keep the kids happy and a charity raffle raising money for some local good causes.



Check out our website for forthcoming events
thefoxsteakhouse.co.uk 01603 755362



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and dining rooms

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The Chequers, STRATTON RD, HAINFORD, NORWICH, NR10 3AY
01603 891657 THEHAINFORDCHEQUERS.CO.UK

Editorial by: The Fox Steakhouse Tel: 01603 755362 www.thefoxsteakhouse.co.uk





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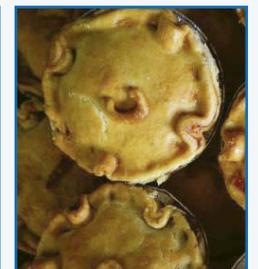


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A place to catch up with friends

Thornham Deli is a destination in its own right. It is a place where visitors to the area and local residents converge to chat and read the papers over a barista-prepared coffee. It provides a buzzing place to meet friends or business colleagues. There is always an innovative menu card, showcasing locally-sourced, seasonal, high quality produce. The lifestyle store houses eclectic, unique and stylish goods for the home and garden as well as a range of clothing and fashion accessories that are chic, contemporary and utterly at home whether at the coast or in an urban setting.

Thornham Deli: a sum of all its parts

As a café, restaurant and coffee shop, Thornham Deli has always been a leader in the field. Our baristas are trained to make the perfect cup of coffee every time. Our kitchen team work tirelessly to design innovative menus which uses the best local ingredients, combined with influences and flavours from around the world.

We cater for all culinary needs. Our deli is packed with tasty treats, our restaurant serves healthy and delicious meals, we offer bespoke picnic hampers. Home-cooked meals to take away are prepared in our kitchen, and our food store has every ingredient you would need to make a feast for family and friends.

We have taken our customer service to new levels of excellence by recruiting the best staff, including apprentices who value the opportunity to make a career in the sector. All our staff know the high standards we set in all aspects of the business and work ceaselessly to always attain those standards.

So when we added an interior design service to our portfolio, there was little doubt that this would be of the highest quality. With experience gained over a number of years in the holiday accommodation sector and with influences from both the local surroundings and much

further afield, Deli owners Janie Thompson and Jeanne Whittome have taken interior design to new levels.

The latest example of Janie's interior design is the decor in Thornham Deli's newest, third and fourth accommodation suites, all part of our No33 boutique bed & breakfast and self catering portfolio. The rooms are decorated and furnished with style and elegance, but also with character and a sense of joy. The walls are coloured in every conceivable shade of green and brown. Depending on your mood it can be as exhilarating as walking into a jungle or as calming as laying in a meadow.

And that, in essence, is both the charm and the success behind Thornham Deli's diversity. Whether it is providing lunch for Thornham's oldest resident or doing the outside catering for a party of 30 weekenders; whether you pop in for a candle to add a romantic light to your dining table or if you want your holiday home completely refurbished – Thornham Deli really is all things to all people.

For further information, visit the Thornham Deli website www.thornhamdeli.co.uk



Delicious deli treats



A great cup of coffee



Coastal style to take home



A stylish place to stay

restaurant deli coffee shop food market lifestyle store

"Thornham Deli ... So much more than a deli"

Thornham Deli, High Street, Thornham, Norfolk PE36 6LX

Tel: 01485 512194 www.thornhamdeli.co.uk



Our agricultural heritage . . .

Norfolk is a county with a tradition and heritage firmly rooted in agriculture. The Peddars Way – which runs from near Thetford to Holme-next-the-Sea on the North Norfolk coast – was an early route for merchants selling wool and grain. The 46-mile track, which links to the Norfolk Coastal Path dates back to before Roman times and firmly places Norfolk at the heart of England's agricultural trading past.

In the Middle Ages, Norwich and the surrounding area was the centre of the woollen trade, with the worsted industry based on the fine fleeces of a hardy breed of sheep developed by sheep breeders in the county – the Norfolk Horn Sheep.



At this time, King's Lynn, placed as it was at the mouth of the River Ouse, was the third largest port in England, with agricultural exports to continental Europe making the bulk of ships' cargoes.

Moving into the 16th and 17th century, wealthy landowners built large and impressive stately homes such as Houghton Hall, Blickling and Felbrigg. Grain merchants owned large town houses as they amassed their fortunes by exporting Norfolk's high quality barley and wheat abroad.

The Agricultural Revolution of the 18th and 19th century coincided with the mass movement of people from rural communities to cities and towns. As the workforce on the land decreased in number, so the demand for more food increased as the population also began to grow rapidly.



Raynham Hall

Two men who are recognised as leaders in the Agricultural or Agrarian Revolution both have strong links with Norfolk.

Lord Townshend, whose family still resides and farms at Raynham Hall, was credited with introducing root crops and clover into the field crop rotation. This was an idea that the landlord and politician had observed during a visit to Holland. The idea was that clover and root crops, such as turnips, would introduce greater levels of nitrogen into the soil. In turn, this would enhance the yield when the fields were subsequently planted with barley and wheat.

Whether Lord Townshend can take all the credit for increasing crop yields is open to question but there is little doubt that four-crop rotation played a significant role in raising levels of quality and production of wheat and barley in the UK.



Image used with permission of the Holkham Estate



While Townshend was practising crop rotation at Raynham, a few miles down the road at Holkham Hall, landowner and fellow politician Thomas William Coke of Leicester, was introducing the idea of selective breeding among livestock.

The ideas were not necessarily those of Coke himself, but extensive travel opened the landowner's eyes to possibilities and innovations that he could use on his own farm. Coke firstly took on board the concept of four-crop rotation, meaning that he could keep his animals in good health over the winter periods, feeding them turnips and other root crops. He also looked at improving grass, introducing lucerne as a nitrogen-rich grazing crop. He then turned his attention to the health and marketability of his animals.

Work was being done in other areas to develop types of cattle and sheep that were both good for meat and also milk production. By crossing animals with certain characteristics, farmers were able to take the best qualities of one animal and add it to the good qualities of a different breed. And so it was that the sheep and cattle on the Holkham estate – mainly Leicester sheep and Devon cattle – were healthy, high yielding animals – perfect to meet the demands of the growing urban population.

Throughout history, farming, agriculture and food production have been sectors of the economy that have pushed the boundaries and sought progress at every turn. And Norfolk has been a leader in that movement. When it comes to innovation, Norfolk is no sleepy backwater that baulks against change – throughout history, Norfolk's farmers and food producers have been prepared to adopt technology, embrace change and push boundaries of science.



The appetite for innovation continues unabated. In Norfolk today, we see a wealth of pioneers who are continuing in the same spirit. Take the work of Sally Francis at Norfolk Saffron.

Norfolk Saffron, England's leading commercial saffron producer, is based near Burnham Market. It is the creation of Dr Sally Francis, an Oxford-educated botanist born and bred in Norfolk. The concept started back in 1997 when Sally's mother, Jill bought her daughter 20 saffron corms as a birthday present.

Twelve years later and Norfolk Saffron opened for business. It has since been selected by the government as a "Food Star", one of the nation's 50 most innovative food and drink businesses.

Another innovator, who has taken his love of Norfolk produce and turned it into a thriving business is Jonathan Redding of Norfolk Gin.

This story began in 2014. Having recently left military service, Jonathan was looking for a new adventure and began making gin on a small scale at home. In true scientific fashion, he spent 18 months trailing various batches, using botanicals grown locally, until he was happy with the results.

Norfolk Gin, in its distinctive ceramic bottle, went on sale in June 2015 in a wine merchants in Norwich, the first batch of 15 bottles was sold out between the Wednesday and the Saturday. In the following weeks it just sold and sold and it hasn't stopped selling since.

Whether it is exotic spices, extraordinary herbs or a new drought resistant cereal crop, throughout history Norfolk's producers have always sought to raise the bar that little bit higher.



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A spectacular country fayre pub on The Broads

Set in 11 acres of beautiful parkland on the banks of the enchanting Ormesby Broad, The Boathouse is a spectacular country fayre pub and wedding venue. The complete refurbishment of the old Eels Foot pub and boathouse combines one of the most idyllic and romantic wedding venues you will find with fine country dining, luxurious accommodation as well as fully equipped luxury woodland lodges. Its setting oozes the right kind of romance for a suitable marital send-off.

The magnificently refurbished pub and restaurant have intimate dining areas as well as areas for larger groups. The interior is finished to the highest standard using natural finishes with subtle lighting for a warm ambience.

Inside is a long bar with several large bay windows offering lovely views of the water. Exposed brickwork, two open fireplaces, pine floorboards and oak beams make for a welcoming spot.

The light and airy main restaurant has a wonderful vaulted ceiling and offers a contemporary dining space with classic touches.

The Boathouse has a very strong gluten free and vegan menu. There is also a popular carvery on Sundays between 12 and 7pm. The food on offer comes either from a traditional pub menu or you can treat yourself to a large range of gastro options; in the evenings and they also have many vegetarian dishes available. You can choose to eat in the bar or you can have table service in the restaurant.

The Boathouse manages to combine warmth and friendliness with efficient service, and there are comfy sofas in the dining room for those who just want to drink. There is also lots of parking space and a priceless waterside view. Ample outdoor seating overlooks the Broad as well as a children's play area.

For accommodation you can choose from luxury Bed & Breakfast in the main Boathouse building or stay in one of our woodland lodges. We also have a stunning bridal lodge exclusively for the use of bride and grooms.

The Boathouse is available daytime and evenings for parties, functions, birthdays, wedding receptions, funeral wakes and corporate meetings and conferences (full wi-fi available as well as AV equipment and screens). The perfect setting whether for a meal, function or wedding!



One of the best places to eat on The Broads

the boathouse
ormesby broad

www.theboathouseormesbybroad.co.uk
Tel: 01493 730342

Editorial by: Eat Out Norfolk Tel: 01485 512236 www.lifeboatinthornham.com



Welcome to The Cottage...

We have the luxury of a rural countryside feel while only being a 10-minute drive from the hustle of the City centre and less than 5 minutes from both Broadland and St Andrews Business Parks. This family friendly pub and restaurant offers an extensive menu, combined with a wide-ranging selection of handpicked wines from around the world, and ever changing and well-kept real ales. We also have a large air-conditioned Function Room offering the perfect venue for your Wedding Reception, birthday party or private dining event, we believe The Cottage has something to offer everyone who appreciates good food and drink in a pleasant and relaxing atmosphere.

During the Summer months we will host live music afternoons with, weather permitting, a BBQ in our gardens. Keep a look out on our website and on our Facebook page for further details of these events.

Whilst we don't want to wish the Summer away it's never too early to begin thinking about the pre-Christmas "work's do" or family get-together.

Our Christmas party nights are not to be missed. Enjoy a 3 course dinner followed by tea and coffee and mince pies, then dance the night away while a singer or



our resident DJ plays your favourite tunes. Bookings now being taken, for Friday and Saturday nights throughout December starting on Friday 6th December. Also, we have the Thursford experience trips; come and enjoy a festive carvery lunch, dessert and coffee before settling on to our coach taking you to the magic that is the Thursford Christmas spectacular. These are running on Wednesdays 4th, 11th and 18th December from 2:30pm. Tickets are £67.50 including lunch return coach and entry tickets. Please see our website or Facebook page for further details.

Whatever the weather, Summer, Autumn or Winter, we look forward to welcoming you to The Cottage soon.



01603 433444

148 Thunder Lane, Thorpe St Andrew www.thecottage-norwich.co.uk



**The
Walpole
Arms**



The Walpole Arms Itteringham is a traditional country pub in the heart of North Norfolk's countryside. Enjoy locally sourced seasonal food from our innovative and exciting menu, traditional local ales and carefully selected wines.



in The Michelin Guide 2019



Inspector's favourites

Mon to Fri: 12pm - 3pm (food till 2.30pm) 6pm - 11pm (food 6.30pm - 9pm)

Saturday: 12pm - 11pm (food 12pm - 2.30pm & 6.30pm - 9pm)

Sunday: 12pm - 5pm (food till 3pm)



01263 587258 | info@thewalpolearms.co.uk



www.thewalpolearms.co.uk



The Common, Itteringham, Norwich, Norfolk, NR11 7AR



The Lifeboat Inn – ticks all the boxes!

There is nowhere quite like The Lifeboat Inn at Thornham. It just ticks all the boxes: historic and traditional coaching inn; a lovely old bar that has a timeless quality; proximity to the beach; a light, spacious conservatory; al fresco private Pavilion dining areas; and a wonderfully welcoming atmosphere throughout.

On a summer's evening there really is nothing that beats ending a walk along the wild and beautiful North Norfolk coast and stepping into The Lifeboat for a drink and some delicious, locally-sourced food.

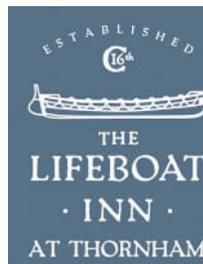
You can sit in the courtyard area and watch the sun disappear in a pink and golden glow or you can find a nook or cranny in one of the many indoor seating areas. If you let your imagination take flight, you could imagine yourself in an earlier age when life in this part of Norfolk was ruled by the sea. The public house, with many of the original oak beams, fire places and bar benches, has played a part in the life of Thornham and its surrounding villages for 500 years. Back then, your fellow guests could have been gnarled sea-farers, cunning smugglers or weather-beaten shepherds.

These days the sea plays a different role, largely as a provider of much of the fantastic seafood prepared by our team of talented chefs, headed up by Chef Patron Lee Bye. Our menus showcase Norfolk produce on a plate: free-range and/or grass-reared meat; freshly harvested local, seasonal vegetables; locally-made chutneys and pickles; seasonal fruit; and freshly-caught fish and shellfish from the coastal waters so close to our kitchen.

We also have an extensive and innovative vegan menu which offers the very best of Norfolk produce: we are proud to offer a wide choice to meet everyone's culinary preferences.

Our drinks tariff also has a strong local presence. Locally-crafted beer, a wide range of locally-produced and international spirits, a well-balanced wine list and an extensive range of non-alcoholic drinks. Whether you are sitting sipping a lager in the sun or warming up with a coffee by a fire, there is no place better to be than in The Lifeboat Inn – it really does match old world, rural charm with the best of contemporary hospitality.

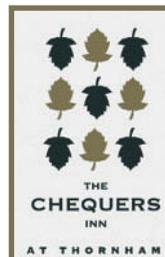
Our mantra is simple: The Lifeboat is a place where the wellies, the walking boots and the well-heeled are equally welcome.



For over 500 years, The Lifeboat Inn, a traditional hotel, restaurant and bar, has been providing shelter and welcoming visitors to the stunning North Norfolk coast. In summer, enjoy alfresco dining in our outside terrace or sample our extensive collection of ales, lagers, wines and spirits in our sheltered, courtyard beer garden. The Lifeboat Inn hotel has 13 extremely comfortable and inviting bedrooms to snuggle up after a day spent exploring the area. Expect stylish furniture, comfy beds, crisp linen and coastal views.

Whether you're popping in for a swift pint of local ale, stopping by for a family meal or wanting to stay for a night or more, The Lifeboat Inn guarantees a very warm welcome.

Ship Lane, Thornham, Norfolk PE36 6LY
info@lifeboatinnthornham.com 01485 512236
www.lifeboatinnthornham.com



Dating back to the 16th century, this pretty village inn on the North Norfolk coast is a welcoming sight for visitors wanting somewhere enticing to stay, relax and enjoy a great meal in comfort. Enjoy a pint of real ale and a pub meal, or try the a la carte menu with daily changing specials in the contemporary dining room.

There are also 11 stylish bedrooms, recently refurbished with a coastal theme. The luxurious rooms and en-suite bathrooms offer contemporary 21st century comfort and style to relish in.

Combining rustic charm and contemporary style, The Chequers Inn has a compelling atmosphere making it popular with both locals and visitors from further afield.

High Street, Thornham, Norfolk PE36 6LY
info@chequersinnthornham.com 01485 512229
www.chequersinnthornham.com

Editorial by: Eat Out Norfolk Tel: 01485 512236 www.lifeboatinnthornham.com





CONSTANTIA

COTTAGE RESTAURANT



MUSIC AND MOUSSAKA!



The Constantia Cottage Restaurant is celebrating 38 happy years serving customers in North Norfolk and across the UK, offering a mixture of music and moussaka! Why not try a tempting take-away. Nestled on the beautiful North Norfolk coast it is a family run business, offering a unique blend of Greek and International dishes. The main restaurant is a 90 capacity, with a choice of

the original part of the historic cottage available for a more intimate setting. The Constantia Brothers have cut their teeth on an amazing musical roller coaster ride after an appearance in front of millions of viewers on the prestigious Barrymore Show a few years ago put them in the public eye. Since then they have performed on BBC Radio 2 and played theatres up and down the UK. Visit our website for news of The Brothers CD releases.

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Tim and Koi offer a warm welcome at The New Forge, Aylsham, a restaurant of English and Thai Fusion. Situated just a few miles north from Norwich Airport on the A140 (just before you reach the historic market town of Aylsham on the River Bure) next to Aylsham Garden Centre.

Serving freshly prepared Thai and English food 7 days a week, the extensive menus cater for all ages and pallets. Booking is always recommended as despite being able to seat over 130 people we do fill up quickly during peak periods – however, we will always try to find you a table as soon as possible if you don't have a booking during these times.

On warmer days, our covered patio area and our extensive garden offer additional seating for that relaxing outdoor experience, and our refurbished children's play area now has a safety fence and additional play equipment.

Sunday Carvery

from 12 noon - 3pm

Adults £8.95 Children £6.45

Open 6 days a week - 12:00 - 23:00

Food served: Tues - Thur: 12:00 - 14:30 17:00 - 20:30

Fri - Sat: 12:00 - 21:00 Sun: 12:00 - 20:30

Closed on Mondays except Bank Holidays

Norwich Road, Aylsham, Norwich NR11 6UD
 Tel: 01263 734275 www.thenewforge.co.uk



The Grove has it all!

Whether you are looking for a classy meal out to top off your holiday, or a quiet afternoon to spend sipping tea and relaxing in wonderful gardens, The Grove in Cromer has it all.

The Grove is a family run small hotel about half a mile east of the town centre and is a great place to unwind in the afternoon with one of the best afternoon teas in the county, or wine and dine in the evening in their two rosette restaurant.

Having been in the family for three generations, The Grove is still very much a family affair. A wander around the gardens and you are likely to meet John Graveling, now well into his eighties, who tends the extensive fruit and vegetable gardens that his parents bought in 1936. This provides the restaurant with fresh fruit and vegetables, still growing just hours before they are used in the kitchen. The Grove was awarded two rosettes for culinary excellence in 2013, and has maintained them ever since, focusing on using fresh and local produce including Cromer crabs and lobsters and Gressingham duck.

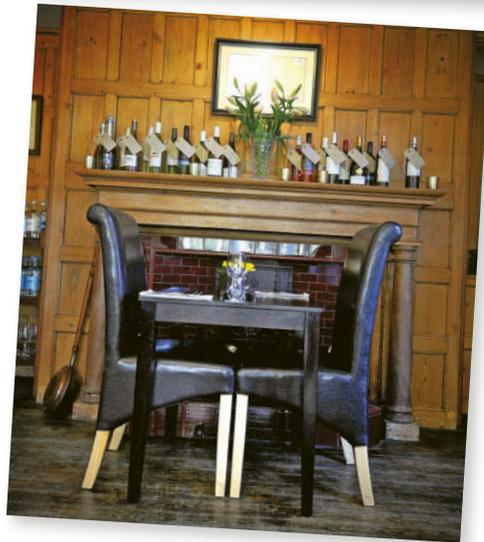
Over the past few years, afternoon teas have also become a huge success. The Grove gardens are perfect for relaxing with a cup of tea, and a few naughty pastries, and if the weather isn't so kind, the traditional Lounge or contemporary Orangery are just as inviting.

In 2018, The Grove added The Massage Hut, offering holistic massages to residents and non-residents, alike and combining this with an afternoon tea and a swim in the indoor pool is becoming increasingly popular this year.

The Grove also offers a wide variety of accommodation options, from top quality four-star gold award winning rooms, to converted barn, self-catering cottages, to glamping in yurts. With a private entrance into the adjacent woods, leading to Cromer's impressive cliffs and beaches, it is the perfect location for those wishing to take a break and relax.

The Grove offers a collection of six beautiful and homely self-catering cottages. Our Holiday Cottages in Cromer sleep between two and six people. Five of our cottages are dog friendly and all of them are child friendly. Guests in the cottages are welcome to take full advantage of the on-site facilities at The Grove.

Whatever you want – from afternoon tea to four-star gold award winning rooms, The Grove has it all!



AFTERNOON TEA AT THE GROVE
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THE GROVE
CROMER. EST. 1936

Editorial by: The Grove Tel: 01263 512412 www.thegrovecromer.co.uk





Feel like a local at The Bell

Set in an idyllic rural location, The Bell at Marlingford prides itself on making every customer feel like a local.

From a pint of real Norfolk ale, to a bottle of good old English wine, we have got you covered. The newly renovated restaurant celebrates everything that our amazing county has to offer, we love Norfolk and it has some of the best produce in the world right on our doorstep and the aim is to celebrate that as best as we possibly can.

Working with some of the best producers around such as Lakenham Creamery, Lacons Brewery and Strangers Coffee to name a few, allows us to get everything on your plate sourced from Norfolk.

See the lovely kitchen garden that is constantly being planted with seasonal vegetables and herbs, which will be used in all the dishes on the menu and create things truly

local and very special. Each season will bring something new and exciting to the menu.

As many Norfolk folk do, at The Bell we hold a special place in our hearts for good beer. This is something we are championing here, ensuring that we always have a fantastic range of local ales and lagers in our restaurant and cosy bar. We are proud to work with some multi award winning breweries, serving quality produce to our customers

Another passion of ours is gin, and we are bang on trend with serving as many different kinds as we can get our hands on! If it's distilled in our home county, we've tried it and we will always have something different for you to try.

So, if Local ales, English wine and Norfolk food sound like something you would enjoy, then we really recommend a visit to The Bell!

Editorial by: The Bell Tel: 01603 880263 www.thebellatmarlingford.co.uk



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S



The Swan Freehouse pub and restaurant with rooms is a must try, if you're into decent beer, good food and fine wine, which all comes with a warm welcome from our front of house team.

Menus created using only the best ingredients from local farmers, fishermen and artisan producers.

The Swan, Church Plain, Loddon NR146LX
01508 528039 www.theloddonswan.co.uk



5 Reasons To Choose Motorised Blinds

Motorised blinds and curtains are often thought of as a premium product but they are in fact well within reach. We increasingly use technology in our homes, from voice-controlled devices to smart thermostats, so it's easy to see why motorised (electric) blinds and curtains are growing in popularity.

Here are some of the benefits:

1 – Easy to use

At the touch of a button, you can close your curtains or adjust your blinds.

Your remote can control up to 5 blinds in one go. You can even set them on a timer.

2 – Safe and Secure

Motorised blinds are child and pet safe, with no cables, chains, cords or strings, giving you peace of mind.

You can programme your blinds or curtains to automatically close at night to look as if you are at home when you are really out for dinner or on holiday.

3 – Ideal for hard to reach areas

Do you have an awkward space? Motorised blinds are ideal for hard to reach areas such as high ceilings, skylights or large spaces.

The remote also makes motorised blinds and curtains suited to people with mobility issues,



4 – Curtains too!

You can have motorisation with Roller blinds, Vision Blinds, Roman blinds, Venetian blinds, Pleated blinds – and Curtains too! You just need to pick your fabric.

5 – Added value

Electric blinds last longer because they run more smoothly, meaning that you won't need to replace your blinds for years. Anyway, there is no need to worry, all electric blinds from Norwich Sunblinds come with a five-year guarantee.

Motorised blinds are also kind to your plants and fabrics. Sun sensors can automatically adjust your blinds ensuring that your furniture fabrics don't wear out quickly and your plants don't wilt.

At Norwich Sunblinds we can help you select your ideal fabric and create the complete look for your motorised blinds and curtains. Or you can upgrade your Roller blinds, Roman blinds or Venetian blinds to motorised blinds for less than you think. You can upgrade to motorised blinds from as little as £129.00 for Roller and £240.00 for Roman or Venetian blinds.

Book a free in-home consultation or pop into our showrooms. We'd love to help.



"I loved them so much that I didn't hesitate to have the whole new house fitted with the same shutters. The service and installation was second to none!"

 pinkfridgegirl

norwichsunblinds
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THE HOURGLASS BAR & RESTAURANT

situated in the heart of the village of Sculthorpe

This village pub with a contemporary open plan restaurant opens daily for both lunch and dinner, offering traditional cuisine with the odd modern twist. The public areas are all on one level and there is ample parking for 25-30 cars.

We have a large varied menu of homemade dishes, which has some traditional favourites such as Prawn Cocktail, Lasagne and Scampi, plus an array of daily specials. These are complemented by the mouth-watering homemade desserts and selection of Mövenpick Ice Creams and Sorbets.

On a Sunday Lunchtime we offer our regular menu with a choice of 2 Roast Meats, available with our daily specials. On a Tuesday and Thursday there is a 2 Course Pensioners Lunch Menu available, both of which are very popular so it is always advisable to book.



The Hourglass, Sculthorpe, Fakenham, Norfolk NR21 9QD
Tel: 01328 856744 www.the-hour-glass.co.uk



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THE BLACK SWAN
www.blackswaninn.co.uk

Email
info@blackswaninn.co.uk

Open Mon - Fri : 7.00am - 11:30pm / Sat - Sun : 8.00am - 11:30pm



The Black Swan is situated on the picturesque village green of Horsham St Faith. Our restaurant serves the finest food for couples, families and parties. Our state-of-the-art function room, also offers a unique location for business meetings or event hire.



Memorable dining

Jonathan, Isobel and the team at Number 24 have built up an enviable reputation over the years for the food they prepare and serve. Excellent reviews and compliments from their customers continue to praise the consistently high quality of their dinners and lunches, each one a testament to the effort put in by all the staff.

Relax in the award winning, Grade II listed, restaurant where great emphasis is placed on the satisfaction you will experience in enjoying a good meal. Using fresh, locally produced ingredients, each and every meal is meticulously prepared and presented to make your visit a very personal pleasure. Large and small groups can be catered for in a surprisingly spacious old building which has its agreeably intimate spaces.

So whether it's a business lunch, an intimate liaison, a family get-together, a girls or guys night out or just time for a party, your time spent at Number Twenty Four will be memorable for all the right reasons!

Editorial by: Number Twenty Four
Tel: 01953 607750 www.number24.co.uk



Number Twenty Four
Restaurant

*An award winning Restaurant
with an enviable reputation for:*

Excellent Cuisine | Relaxed Surroundings
Fine Dining | Personal Service

Wymondham, Norfolk NR18 0AD
01953 607 750 | www.number24.co.uk

QUEEN HEARTS BAR & RESTAURANT



For great food!

55 Fakenham Road, Great Witchingham, Lenwade NR9 5AE
t: 01603 871020 www.lenwadequeenofhearts.co.uk

A new start!

Come and visit us and see the difference Ian and Cheryl have made to what was a former coffee shop (Maxim's), it's now a cosy restaurant and bar. Whether you are looking for a romantic night for two, a treat for the whole family, or just time to relax with friends, you can be assured that you will always receive a warm and friendly welcome at the Queen of Hearts in Lenwade.

Delicious, home cooked food that will tantalize your taste buds, from snacks, and starters to homemade meals, we use only the finest cuts of meat and fresh fish from our local supplier, and healthy seasonal vegetables grown and harvested by our nearby farmers. So, why not pop in for a drink and have one of our famous full English breakfasts, or a delicious roast dinner on a Sunday.

It's a real local pub, with a great atmosphere, you can sit and share banter with the locals, or relax in a quiet corner, there is always a number of Suffolk real ales on tap, a wide range of wines and spirits, or a good old cup of tea or coffee – so sit back and relax!



Opening Hours

Monday: 10am – 2pm Evening Closed
Tuesday to Thursday: 10am – 2pm, 5pm – 11pm
Friday: 10am to close
Saturday: 10am to close
Sunday: 11am to close

Editorial by: The Queen of Hearts Tel: 01603 871020 www.facebook.com/QueenofHearts.Lenwade/





The perfect base for your Broads holiday

The Crown Inn at Catfield is a traditional village pub, run by myself (Gail) and my husband Scott. Scott is the chef and makes all our lovely food.

As well as our main menu we have an ever changing specials board, one of our biggest selling points is our homemade chips. Scott also does theme nights, such as meal and magic, Mexican, Greek, quiz and curry, with special menus that go down a storm.

We have a separate menu for children and try our best to cater for any special food requirements, all we ask if you can give us some notice as it makes our life easier. Gluten free meals and desserts are available. Food is served 6 days a week, lunch and dinner. No food on Mondays. Sunday roast is £7.95 or 2 courses for £9.50.

There is seating outside at the front and at the rear. Parking is also available out front and rear.

I'm front of house and in charge of the cellar, we have 4 changing real ales on, and try as much as possible to serve local ales so our visitors get to try some of the wonderful Norfolk beers and we also deal a lot with breweries from Somerset. There is a good selection of flavoured gins to cater for the current trend and we also have an area that can be shut off for private parties.

We welcome all, including dogs (excluding the main bar area, whilst food is being served).

There are 2 holiday cottages at the rear of the property, they both have a double bed and a double sofa bed so sleep 4. They are available through Airbnb or Book Direct.

We are based in the perfect place for your Broads holiday and are fairly central to all the great places to visit. It's also lovely and quiet so you're away from the hustle and bustle.

Editorial by: The Crown Inn Tel: 01692 580128 www.catfieldcrown.co.uk



The Crown Inn

An unspoilt, traditional village pub in the Broadland village of Catfield, Norfolk. Within nice easy reach of the popular Norfolk Broads, Norwich, Great Yarmouth, the nearby market town of Stalham and the surrounding towns and villages. The pub is centrally located and set back just off the road that twists through the village. Our two, detached all year round Holiday Cottages are peacefully located to the rear of the property.

There is lots of indoor and outdoor seating available and we have a separate function room for parties and business meetings which can be booked by contacting us on 01692 580128.

SUNDAY ROAST

Sunday Roast £7.95 or two courses for £9.50

TUESDAY NIGHTS

9" Pizza Takeaway from 6pm £5.50 each or 2 for £10 (includes two toppings)

FRIDAY NIGHTS

Takeaway Fish & Chips available from 5pm

Cod either medium or large, plaice, sausages, scampi and mushy peas available

The Crown Inn, The Street, Catfield NR29 5AA Tel: (01692) 580128
www.catfieldcrown.co.uk





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good as the food...*

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an excellent lunchtime menu
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Brighten your day with a visit to our award-winning Country Inn

From our cheery window boxes overflowing with red geraniums to our sumptuous, summer menu - we love to give our guests a taste of true Norfolk hospitality.

Tucked away in the historic village of Sedgeford, The King Will is surrounded by gentle countryside and close to many prestigious attractions – not forgetting all the fun of the beach a short drive away.

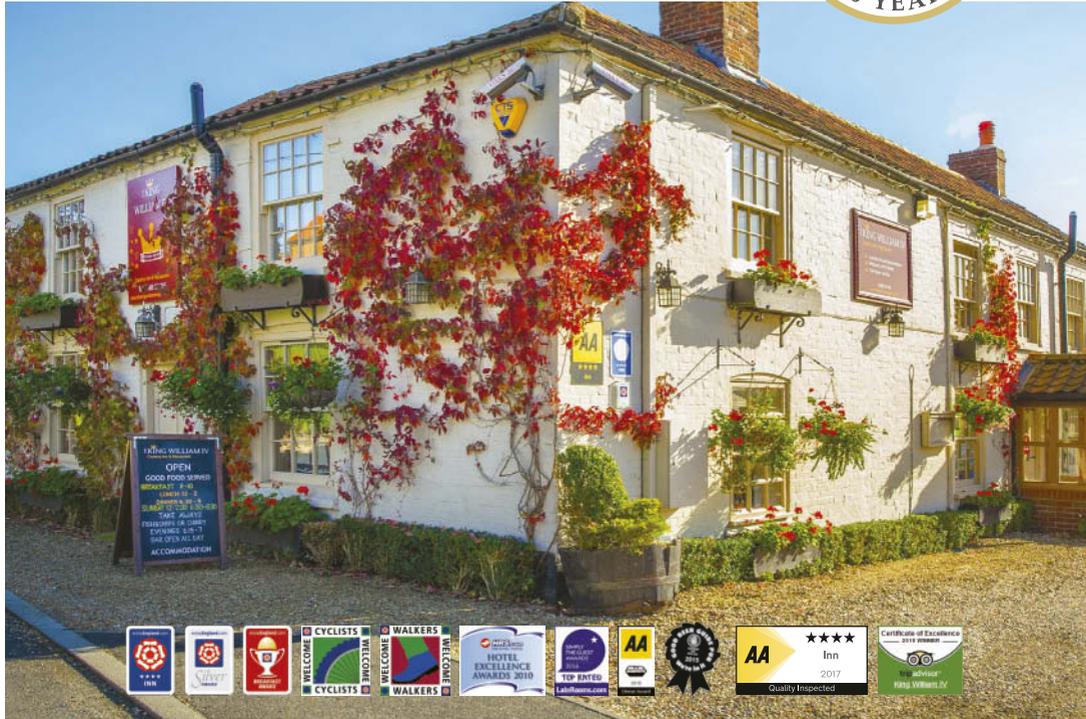
Enjoy our latest seasonal fare in our charming pergola, or choose your favourite spot in one of four, relaxing dining areas. Our chefs excel at creating dishes to suit every occasion and palate. Breakfast, lunch and dinner menus are brimming with delicious, local ingredients, innovative *à la Carte* choices, wholesome Pub Classics and tasty vegetarian specialities. Savour the unique flavour of Real Ale with your meal or a glass of fine wine. We offer some scrummy treats on our Children's Menu too! Stay over in our luxury, en suite accommodation – we welcome families and dogs and provide great room and food deals all year round. We look forward to welcoming you very soon...





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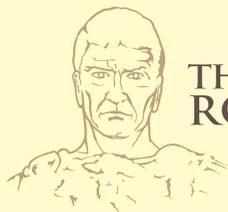
“ We will definitely return... ”

“We’ve had a lovely two-night stay. The food was very good, the staff very pleasant - this place has a lovely ambience. We will definitely return.”

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